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Adhere v. to stick to or follow precisely

n. adherence syn. comply

Travellers must **adhere** to the laws of the country they are visiting.

The referee's excessively strict **adherence** to the rules upset the players.

Durable adj. something that lasts a long time

n. durability *time during which something lasts

n. duration* syn. sturdy

It was a **durable** refrigerator, but it finally broke.

The **durability** of tires is a key factor in determining their quality.

Foster v. to promote growth or development

syn. stimulate

The industrial revolution **fostered** the rise of the middle class.

Parents usually **foster** the development of good habits in their children.

Gain v. to obtain something needed or useful;

adj. gainful to increase to the amount of something

n. gain syn. attain

He **gained** a lot of experience working as a volunteer.

His **gain** in knowledge was impressive.

Halt v. to stop or discontinue

adv. haltingly syn. stop

adj. halting n. halt

Bus service to the city was **halted** due to poor road conditions.

The supervisor put a **halt** to the tardiness of the employees.

Handle v. to deal with or control

n. handling syn. manage

They **handled** themselves very well given the circumstances.

The president's **handling** of the crisis was widely applauded.

Harbour v. to give protection; to not express a desire or opinion,

usually bad

syn. shelter

He harbours ill feelings for her.

They **harboured** the political refugee in their home.

Harmful adj. something that causes pain or damages

adv. harmfully syn. unhealthy

v. harm

n. harm

Excessive radiation is **harmful** to the body.

Bleach **harms** certain fabrics.

Insignificant adj. not important; of little value

adv. insignificantly syn. meaningless

n. insignificance

The amount of rainfall this summer has been insignificant.

The **insignificance** of his comment became apparent with the passing of time.

Mysterious adj. not easily understood or figured out

adv. mysteriously syn. baffling

n. mystery

n. mysteriousness

He had a **mysterious** effect on everyone who heard him speak.

The man's disappearance was a **mystery**.

Perilous adj. threatening or risky; harmful

adv. perilously syn. dangerous

n. peril

It is **perilous** to exceed the speed limit.

There are ample **perils** in the sport of mountain climbing.

Promote v. to encourage or advertise; to elevate in rank or grade

n. promoter syn. boost

n. promotion

Many nations **promote** tourism to lure foreign currency.

The customers responded favourably to the half-price **promotion**.

Redundant adj. being excessive; showing unnecessary repetition

n. redundancy syn. repetitious

adv. redundantly

Students who ask teachers to "repeat that again" are being **redundant** because "repeat" means "again."

Lush, **redundant** vegetation is common in tropical climates.

Reject v. to refuse n. rejection syn. refuse

v. to refuse

The insurance company **rejected** the claim.

The **rejection** of his work was difficult for him to understand.

Substantial adj. important; strongly made; of value

adv. substantially syn. significant

adj. substantive

The discovery of a vaccine for Coid 19 was a substantial medical achievement.

This **substantive** article will change your opinion of rock music.

Trait n. specific qualities that distinguish one from another

syn. characteristic

Her sense of humour and cheerful personality are some of her most impressive **traits**. Ali's blonde hair is a **trait** inherited from her father.

Underscore v. to make evident or emphasize

syn. highlight

The high quality of the student's science fair project **underscored** her talent in biology. The conclusion of the report should **underscore** its main ideas.